

## BELLE ROSE, LOUISIANA Racer/Crewmember Guidelines – February 2021

### • Before You Come To the Track

- If you've been exposed to COVID-19, **stay home** and follow self-quarantine rules
- Be aware of the CDC **risk groups** for COVID-19 as well as your state's orders. The CDC says older adults and people who have underlying medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness.
- Please **stay home** if you have a fever or do not feel well, or have any of the CDC Covid-19 symptoms. If you have ANY OF THE SYMPTOMS LISTED BELOW OR JUST DO NOT FEEL WELL, **STAY HOME**. SYMPTOMS INCLUDE: fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea, vomiting, diarrhea, or do not feel well.
- READ the Florida and CDC information that is attached, and follow it.
- NOTE: **NHRA REQUIRES FACE COVERINGS AT ALL TIMES.**

### • At the Track

- You may need to complete a wellness questionnaire and/or undergo a temperature check.
- PLEASE! PLEASE! PLEASE! Stick to the **6 ft social distancing** requirement whenever possible.
- You are required to **wear a face-covering at all times**.
- Face coverings are always required and are **especially important** when conversing with anyone else -- track staff, fellow racers, and crewmembers, any time you can't keep at least 6 feet of distance from another person, and any time you are indoors or in an enclosed space.
- **USE YOUR PHONE** to communicate instead of talking face to face.
- **No touching outside your household** – no high fives, handshakes, fist bumps
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Clean frequently touched surfaces and objects regularly.
- Cover your coughs and sneezes with a tissue, then throw the tissue in the trash.
- If you identify an area that needs to be addressed from a cleaning or sanitizing perspective, please notify track personnel to address it.

### • Some Additional Steps We are Taking

- The tower/race control area is restricted to **essential personnel only**. **Do not come to the tower**. If you need to reach a race official, please call or text; numbers will be made available.
- Maintain social distancing with anyone from outside your household unit.

### • Directions & Guidelines

- When dealing with Tech or other track officials, as well as people outside your household, please be mindful of the 6ft social distancing and face covering requirements.
- Minimize the number of crew members you bring with your driver/car into the staging lanes. Once your driver has made their pass please exit the starting line and avoid congregating.
- Winners Circle and other matters will be different so please follow onsite directions.
- Stay distant before and after hours and at all times – this is not the time to visit other pits and teams.